



MAGHULL HIGH SCHOOL – CURRICULUM MAP

HALF TERM 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
TOPIC (S)	Key words and Food technology terminology	Safety in the Kitchen and Measuring Techniques:	Use of the cooker in a Food technology setting.	Healthy Eating: The 5 a day principles and Healthy eating guidelines.	Nutritional Guidelines and alternatives to a healthier life.	The Eatwell Guide and suitable foods.
Knowledge & Skills development	<ul style="list-style-type: none"> Recall and apply the principles of <i>The Eatwell Guide</i> and the 8 tips for healthy eating, to their own diet. Demonstrate a range of food preparation and cooking techniques. Adapt and follow recipes using appropriate ingredients and equipment to prepare and cook a range of dishes. Recall and apply the principles of food safety and hygiene. Identify how and why people make different food and drink choices. Demonstrate the knowledge, understanding and skills needed to engage in an iterative process of designing and making. Be given regular opportunities to demonstrate and apply their knowledge and understanding of food science. Be given regular opportunities to consolidate their literacy and numeracy skills by using them purposefully to learn. Track their progress using the My learning journey booklet (cooking, nutrition, ingredients and creativity). 					
Assessment / Feedback Opportunities	Cold call, verbal feedback.	Cold call, Booklet review by teacher.	Cold call, verbal feedback	Test 1 assessment, peer review.	Cold call, verbal feedback	Cold call, verbal feedback.
Key Vocabulary	Hygiene, ingredients, allergens, vegetables, portions, carbohydrates, proteins, nutrients.					
Literacy/Reading opportunities	Eatwell plate knowledge organiser.					
Cross curricular themes	Maths – weighing and measuring					
Personal Development (including British values, RSE, Citizenship)	Working together, sharing equipment, following rules, respect and tolerance for each other. Developing the skills and knowledge to enable pupils to buy and prepare, safely, a nutritious meal.					
Careers	Discussion on opportunities in Hospitality industry.					